

The Kiran Stordalen and Horst Rechelbacher

Pediatric Pain, Palliative and Integrative Medicine Clinic

A “healing environment”

The Kiran Stordalen and Horst Rechelbacher Pediatric Pain, Palliative and Integrative Medicine Clinic is designed as a state of the art healing environment to enhance the wellbeing and alleviate the stress and suffering of pediatric patients and their families. The unique and amazing space (designed by U+B architecture & design, Inc., Minneapolis) furthers Children's ability to minimize pain for pediatric patients and to make their treatment, healing or hospice experience as comfortable and peaceful as possible.

All-natural materials

The general ambiance of the space is warm, inviting and playful; an environment closer to a spa or home than a typical clinical environment. Natural materials, including wood, tile, stone, cork and linoleum, are used throughout the space and special attention was paid to avoiding any materials that are toxic or allergenic. Designed to connect pediatric patients with nature, the space features all-natural materials and natural light in a healing environment supporting clinicians in their efforts to promote physical, emotional and spiritual healing. It is varied throughout the space to appeal to different age groups and to support specific treatments, including biofeedback, group therapy, physical therapy, massage, aromatherapy and acupuncture in addition to traditional treatments.

Natural imagery

Natural imagery is used throughout the space to bring the outdoor world into the clinical environment. The large scale images seen throughout the space are photographs of Minnesota landscapes and natural materials.

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Highlights of the space

Multi-sensory (Snoezelen) room

Designed to offer children with special needs and challenging conditions the opportunity to exercise choice through action, the snoezelen room provides a multi-sensory experience or single sensory focus simply by adapting the lighting, atmosphere, sounds, and textures to the specific needs at the time of use.

Massage room

The calming room is staffed by nationally certified massage therapists, providing a gentle, hands-on approach that releases tensions deep in the body to relieve pain and improve whole-body health. Other modalities offered here include acupuncture, acupressure and aromatherapy.

Consultation room

Designed for the initial meeting of the entire care team with the patient and family, this room allows everyone (physician, psychologists, social worker, child life specialist, physical therapist) to hear the patient's story at one time.

Lobby

The lobby is designed to incorporate the outside world into the clinical setting through artwork, an interactive waterfall, ambient sounds through speakers and wood elements through wall coverings and floors.



Light

Lighting is specifically designed to create a restful and intimate environment. Unlike most typical clinical spaces which are evenly and brightly lit, the lighting is designed to wash particular surfaces or features and reinforce a particular mood or scene. The lighting is also all LED for energy efficiency and the lighting control system is designed to reinforce the natural diurnal cycle with different light levels during different times of the day. Natural light is also maximized using translucent walls to bring light into the interior of the space.

Acoustics

The acoustic environment is also critical to creating a peaceful environment. Sound absorptive ceilings are used throughout and padded resilient floors were used in the clinical spaces to reduce the sound of footsteps and increase comfort for the patients and clinicians. Speakers in the lobby also provide restful ambient sounds from the natural environment.

To refer a patient to the Kiran Stordalen and Horst Rechelbacher Pediatric Pain, Palliative and Integrative Medicine Clinic, please call the clinic at **612-813-7888**.

Department of Pain Medicine, Palliative Care and Integrative Medicine

Children's Hospitals and Clinics of Minnesota
2525 Chicago Ave S.
5th Floor Tower
Minneapolis, MN 55404

